

Alameda County Behavioral Health Care Services (ACBH)
Older Adult Division is pleased to offer a **FREE** training on:

Older Adult Training and Certification Virtual Workshops

Tuesday, September 12, 2023 and

Thursday, September 21, 2023

9:00 AM to 5:00 PM each day

(Training starts promptly at 9:00 AM)

Location: Virtual

(You may register for one (good option) or both days (best option). A ZOOM link will be emailed after registering.)

Target Audience: *In general, ACBH trainings are for Alameda County Behavioral Health staff, contracted provider staff and the residents of Alameda County.*

Trainer(s): Vanessa Baker, LMFT., Stefanie Bonigut, LCSW., Charmaine Brent, MSW., Jacob Bronson, Aaron Chapman, MD., Charles Edwards, LCSW., Gerthina Harris, Michael Kessler, LPCC, CRC., Clyde H. Lewis, Jr. Ed.D., Stephanie Lewis, LMFT., Yesenia Lott, LCSW., Anne Mitchell, LCSW., Stephanie Montgomery, Josette Rivera MD.

Description: This two-day training will enrich participants' understanding of the major mental health conditions and substance use concerns facing older adults, as well as the importance of promoting mental wellness and resilience. Attention will be paid to the importance of screening, assessment, and evidence-based interventions, emphasizing integrated care. The group will learn about self-care and hear from a speaker with lived experience.

Learning Objectives – at the end of the training, participants will be able to:

1. Learn how to interpret results of SLUMS and Mini-cog, will be able to name three outpatient services available for OA.
2. Define polypharmacy and learn three ways anti-anxiety medications impact older adults.
3. Name two reports that the Empowered Aging Agency is expected to investigate and will be able to name three reasons the role of the ombudsman is critical to the care and safety of older adults in long term care facilities.
4. Name three risk factors and warning signs of Alzheimer's Disease and Dementia and be able to identify three supports for caregivers.
5. Name two reasons why cultural competence is important for MH providers and will be able to name the two work units within the Office of Health Equity.
6. Name three types of intersections that may impact an older adult's experience receiving mental health treatment and name two reasons why treating the whole older adult is critical to successful care.
7. Learn four ways to access SUD services within Alameda County, will learn SAMHSA's 8 dimensions of wellness for older adults with SMI and SUD, and identify the six specific increased risk areas for older adults who misuse alcohol.
8. Name three crisis services in Alameda County, name the locations of the crisis offices in Alameda County, and name three examples of the effective Crisis Services.

To fulfill an ACBH sponsored virtual training for both attendance completion and/or CE credit, attendees must achieve a score of at least 70% on the post-test.

Accommodations or Grievance?: For disability or reasonable accommodation requests, or a grievance about an ACBH training, please contact the person listed on this flyer and cc the Training Unit at training.unit@acgov.org. Please make accommodation requests a minimum of five (5) business days prior to training in order to allow time to make arrangements.

This event is sponsored by:



REGISTRATION:

Please register online at:

Sept 12, 2023

<https://us06web.zoom.us/j/8121212121>

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Sept 21, 2023

<https://us06web.zoom.us/j/8121212121>

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For registration help contact:

Michael Kessler

Michael.Kessler@acgov.org

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Vanessa Baker

Venessa.Baker2@acgov.org

Ph: 510- 567-8194

Continuing Education (CE)

CE credit is **ONLY** provided for County and ACBH contracted Provider staff.

This course meets the qualifications for up to **12** hours of CE credit for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0622; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 1204. ACBH maintains responsibility for this program/course and its content.

Please note: in order to receive CE credit from an ACBH virtual training it is the participant's responsibility to (1) attend the full training, (2) fill in an evaluation, and (3) complete a post-test with a passing score of at least 70%.

CE Certificates will be emailed to qualifying training participants within 30 days after the training.